

“I am the guy that that 47 World and Olympic Champions choose to get their head in the game”

Stuart Walter



The Secret behind 47 World and Olympic Champions has now been revealed...

Stuart Walter is the choice of Champions, he is a specialist in peak performance mindset. Getting the best of the best 'in the zone' for the performance of their lives... when it counts.

This success in the sporting field is now in great demand in the business sector and want speakers that make a real difference compared to to the 'typical' and 'Hype-up' motivational and key note speakers.

For the past 18 years, Stuart Walter has served as a Peak Performance Mindset Specialist for elite athletes, performers, CEO's, business leaders and individuals to be a better version of themselves.

Stuart is a clinical hypnotherapist with a difference. Hypnosis is different to the traditional methods to manage the psychology of sport... and it works.

Stuart says, “Traditional hypnosis methods are powerful, athletes think differently, so deconstructing and reconstructing these processes and creating my own was essential for athletes and peak performers... and wow! They deliver”

In 2023 Stuart was recognised as Livewire Global's Peak Performance Mindset Specialist of the year.

Stuart has directly impacted the lives of thousands of people. Highly respected as an authority for developing systems and strategies for accelerated and lasting transformations. Around Australia and now building demand overseas in Europe, New Zealand and the USA Stuart is sought after by sports coaches, elite athletes and business owners for mindset success training.

Indirectly, Stuart's Published book, 'The Dear Diary Process' was a process he created with a professional golfer. Thousands of people around the world have had their lives transformed by this simple process that is shared in every presentation. It is the #1 Tool that World Champions use, as part of their ongoing success.

Stuart's legacy is now in operation, the processes he created and kept secret for the elite athletes, are now being exposed through his Athlete's Secret Weapon Approved Practitioner Training and Mentoring Program. Stuart aims to impact the traditional methods of mental preparation and performance, by having sport hypnosis as the #1 go to for every athlete.